

INDEPENDENT LIVING

Oak-Leyden is committed to providing independent housing opportunities for adults with intellectual and developmental disabilities throughout western Cook County.



Qualifying adults with developmental disabilities can receive supportive services from Oak-Leyden through our Intermittent CILA program, where they are empowered to live in a home or apartment of their choice, sometimes with roommates.

Individuals in the Intermittent CILA program are capable of living independently, but still require some services to assist them with integrating into the community. Our staff provide person centered planning, offering training and assistance that is helpful for all aspects of daily living for those we serve. Services, offered as needed, include:

- Training in skills ranging from cooking and cleaning to taking public transportation
- Fulfilling medical needs
- Making and keeping appointments
- Shopping, paying bills, and other activities

Oak-Leyden staff work to know each person on an individual level, learning their goals and needs. Through the Intermittent CILA program, they provide relevant supports and services for 8-15 hours per week, leaving program participants to enjoy the remainder of their time in freedom and independence.

Contact Amy Skrypkun-Castro at **(708) 524-1050 ext. 142** or **askypkuncastro@oak-leyden.org** to learn more about our community integrated living arrangements.

This program is
funded in part by:



OAK PARK-RIVER FOREST
Community Foundation



Independent Living Success Stories



Brandon

Brandon has been a resident of Oak-Leyden since 1999. He started out in a 24 hour family-style community integrated living arrangement (CILA) and with the help of dedicated staff was able to move to his very own apartment in 2007.

Brandon states that all of the decisions and choices were always his and that what he appreciates the most is being in the same building his niece lives in. He enjoys having his own space, living close to family, and being as independent as possible. Brandon also loves his job as a custodial assistant at Elmwood Park High School. He chose to reside in his Oak Park neighborhood because it was the most affordable location and close to a variety of restaurants.

Scott

Scott has been a resident of Oak-Leyden's for over 20 years. Like Brandon, Scott began in a 24 hour CILA. With the help of specialized training in the areas of cooking, cleaning, laundry, self-administration of medications, money management, assertiveness, and safety. Scott was able to move into his own apartment, where he now lives with his wife of over 15 years. The couple enjoy taking neighborhood walks in the summer, attending a local church, and visiting area restaurants. Scott is only a few blocks from his job at Lake Theatre Classic Cinemas, where he has worked for over 12 years. He enjoys a high quality of life through the support of our Intermittent CILA program.



Prince

Prince has resided with Oak-Leyden since 1984. Like Scott and Brandon, Prince was interested in becoming more independent. Dedicated Oak-Leyden staff took the time to show Prince available apartments that he might like to live in. Prince was able to choose to live with his sister under a family ICILA model. Oak-Leyden provides Prince with 15 hours of support a week, assisting him with doctor's appointments, getting groceries and supplies, filling his prescriptions, and doing other activities of Prince's choice. Prince absolutely loves his apartment and enjoys attending our Oak Park Lifelong Learning Center a few days a week for socialization. He appreciates that the Center is within walking distance of his home.



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